



York County Wellness Courts

YORK COUNTY COURT OF COMMON PLEAS

Veterans Wellness Court Participant Manual

BLENDING JUSTICE, TREATMENT AND SOCIAL SERVICE SYSTEMS

The Honorable Judge Trebilcock
Court Session:
Tuesday 10:00-11:00 AM
York County Judicial Center
6th Floor, Court Room 6002

Main Contact Number:
717-771-9602

Established February 2012

Manual Created: 2/2012

Manual Updated: 6/2016

Manual Updated 10/2019

AGENDA

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IMPORTANT CONTACTS

Adult Probation Main Number:

717-771-9602

Random Drug Testing Call Line:

717-258-0614 or 717-775-7255

Case Manager: _____

Phone Number: _____

My Attorney: _____

Phone Number: _____

Sponsor: _____

Phone Number: _____

Treatment Agency: _____

Phone Number: _____

TREATMENT COURT TEAM

Adult Probation Main Number:

717-771-9602

- Holly Wise, Veterans Administrator
 - 717-771-9602 Ext. 2075
- Seth Forry, Veterans Probation Officer
 - 717-771-9602 Ext. 2087
- Corey Korinda, Assistant Public Defender
 - 717-771-9217
- Susan Emmons, Assistant District Attorney
 - 717-771-9600
- Colleen Clay-Schaumann, Veterans Admin. Asst.
 - 717-771-9602 Ext. 3446



Did you know...75% of Treatment Court graduates never see another pair of handcuffs; however, individuals who enter Traditional Court relapse 75% of the time.

Making a Choice to Change

We are here to help you.

It really is that simple. You can get your life back. Reunite with your family and friends. Recreate meaningful relationships. Regain your health, self-respect and freedom.

What is Veterans Wellness Court?

Veterans Wellness Courts, are hybrid Drug/DUI and Mental Health Courts that recognize the unique military culture while addressing distinct Veteran issues, such as Post-traumatic Stress Disorder, Traumatic Brain Injury, and Military Sexual Trauma.

The Veterans Wellness Court seeks to divert eligible veteran-defendants with substance dependency and/or mental illness that are charged with a criminal offense to a specialized criminal court docket.

It is not a...



How Do Veterans Wellness Courts Work?

To be part of the program, you need to have a desire to change your life. Your teams of Wellness Court experts are here to help you map out your road to recovery.



Veterans Wellness Court is designed to be a 15 to 18 month program. It is a minimum of 15 months. Your progress determines the length. The program consists of three phases. Your probation officer will review requirements with you at the beginning of each phase. Participants must meet the requirements of each phase before moving to the next.

As a participant, your job is to meet the obligations to yourself, your family and society. To ensure accountability, you are:



Provided with intensive treatment and other services that require you to get and stay clean and sober



Regularly and randomly tested for drug/alcohol use



Required to appear frequently in Court for the Judge to review your progress



Rewarded for doing well and sanctioned for not living up to your obligations

How Do Veterans Wellness Courts Work?

The program consists of three phases:

Phase I: Report to Court bi-weekly (minimum of 6 months with a review at 6 months)

Phase II: Report to Court monthly (minimum of 6 months)

Phase III: Report to Court every 6 weeks (minimum of 6 months)

Your Probation Officer will review the requirements at the beginning of each phase.

Remember: If you have questions, please ask a Wellness Court team member.

Our Veterans Wellness Court Team stress accountability, responsibility, combined with compassion and understanding.

The Judge serves as the leader of an inter-disciplinary team of professionals who oversees your progression and lapses throughout treatment. Team members include:

- Court coordinator
- Prosecuting attorney
- Defense attorney
- Treatment providers
- Case managers
- Probation officers
- Veteran Mentors
- Veteran Justice Outreach

What to Expect When You Go to Court

In Phase I of your treatment, you and the current program participants must attend weekly

Core Values

- Honesty
- Education
- Sobriety

Court sessions with the Judge, your probation officer and the entire Wellness Court team. After one month, your appearance reduces to bi-weekly. The purpose of these open Court sessions is for the Judge to monitor your participation and progress in the Treatment Program. At this time, alterations to case management and treatment plans will be reviewed. Sanctions and incentives

will be administered.

Sanctions/Incentives

Upon reviewing your progress in treatment, the Judge may impose a range of consequences contingent upon your performance. These consequences may include desired rewards (i.e. verbal praise, reduced supervision requirements, or gift cards), modifications to your treatment plan (i.e. transfer to a more intensive modality of care) and punitive sanctions (i.e. writing

Drug Testing: Knowing the Expectations

assignments, community service, or brief jail detention) The consequences are typically administered by the Judge in open court, after the Wellness Court team has met to review.



Random Drug Testing Call Line

717-258-0614

717-775-7255

Including weekends
and holidays

You are subject to random drug testing 365 days a year. This includes weekends and holidays. You must call every morning to find out if you are required to be drug tested.

- Listen to the drug testing message closely as it will tell you if you are scheduled for a test.
- When you report to Averhealth, you must be prepared to provide a urine sample while being observed by a lab technician
- Flushed urines are **NOT** accepted and you will face sanctions for providing one
- Adulterated urines are **NOT** accepted and you will face

sanctions if one is provided

The following medications are not allowed in the program:

- Narcotic pain medications such as Percocet, Darvocet, Oxycontin, etc.
- Benzodiazepines such as Ativan, Valium, Xanax, Klonopin
- ADHD Meds with Amphetamines such as Adderall, Dexedrine, Procentra, etc.
- Non-Narcotic Pain Medications: Tramadol and Ultram
- Muscle Relaxers such as Flexoril
- Caffeine Pills such as Vivarin or NoDoze
- Sleep Aids such as Ambien or Soma
- K2, Spice and/or all designer drugs legal or illegal are prohibited
- All Cough medicines must be pre-approved by a Probation Officer. Alcohol, codeine and dextromethorphan (DM) ingredients are prohibited

Dietary supplements, vitamins and weight loss aids are prohibited in the program, unless medically necessary and a doctor's note are provided. These drugs may alter the normal color of urine or cause a positive drug test for illegal substances. When



No poppy seeds!

Salvia, morning glory seeds, K2/Spice or any other such mood altering or hallucinogenic substance is strictly prohibited.

No alcoholic beverages.

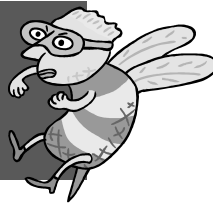
You may not frequent bars, casinos or other gambling establishments.

visiting a doctor or the emergency room, you must notify the doctor(s) that you are an addict and cannot take any of the above listed medications. You must provide all prescriptions to your Probation Officer for verification that it is an approved medication.

No use of any products containing alcohol, such as mouth washes, breath strips, cough medicines (e.g. Nyquil, etc.), hand sanitizer, non-alcoholic beer and wine, herbal supplements (e.g. ginkgo biloba, etc.), flavoring extracts (e.g. vanilla, etc.), communion wine, flambé dishes (e.g. baked Alaska, etc.), colognes, body sprays or any other product containing alcohol. Such use will NOT be a valid excuse for a positive alcohol screen (UA or BA).

You shall minimize frequency of use and exposure to solvents, lacquers, and insecticides. If contact with such products cannot be avoided due to employment reasons, you need to discuss with your Probation Officer. Do not wait for a positive

**Remember the
5 B's**



test result to have this discussion. Exposure to such products will NOT serve as a valid excuse for a positive alcohol test.

To be a successful graduate of the Veterans Wellness Court program, you need to...

- Be honest. The sanctions will be less severe if you tell the truth. One of the first steps of recovery is getting honest with yourself and everyone around you. Lying leads to relapse!
- Be drug and alcohol free!
- Be crime-free!
- Be active in your recovery program. Attend all scheduled treatment sessions. Obtain a Sponsor.
- Be compliant with all directives from the Court

We are not here to “catch” you doing something wrong...

We are not here to embarrass you if you fail...

We are here to help you live a life free from addiction!

Resources

Hometown Heroes Program

The Hometown Heroes program issues ID cards to honorably discharged vets free of charge that they can use to receive discounts on purchases and services from participating stores, said York County Recorder of Deeds Randi Reisinger.

Sign up: Veterans interested in signing up for the Hometown Heroes program must file their original discharge (DD-214) papers with the Recorder of Deeds' office, 28 E. Market St. in York City. IDs are issued from 8 a.m. to 4 p.m. weekdays. Currently offering

A list of businesses that participate in the program is at

www.yorkcountypa.gov/property-taxes/recorder-of-deeds.html

VA Website- www.va.gov

Healthcare- Katallasso Family Health Clinic at 38 S. Belvidere St

Southwest Airlines- WWII veterans fly for free.

PACARES website-jobs for veterans

Substance Abuse & Mental Health Services Administration

<http://www.samhsa.gov/militaryfamilies/>

National Child Traumatic Stress Network

<http://nctsn.org/resources/topics/military-children-and-families>

Research articles about promoting effective policies and programs for military children and their families

http://futureofchildren.org/futureofchildren/publications/journals/journal_details/index.xml?journalid=80

Military Suicide Prevention resource

<http://www.realwarriors.net/family/support/preventsuicide.php>

Military OneSource

www.militaryonesource.com/skins/MOS/home.aspx

Offers help with parenting and child care, education, relocation, financial and legal concerns, and everyday issues.

Military Homefront

www.militaryhomefront.dod.mil/

DOD's website for official Military Community and Family Policy (MC&FP) program information, policy and guidance designed to help troops and their families, leaders, and service providers.

National Military Family Association

<http://www.militaryfamily.org/>

Provides education and information regarding rights, benefits, and services for military families.

Courage To Care For Me

www.couragetocareforme.org/offline/

Provides fact sheets on timely health topics relevant to military life developed by military health experts at Uniformed Services University of the Health Sciences.

Military Child Education Coalition

www.militarychild.org/

Helps military children cope with being transferred from school to school around the world.

NACCRRA

<http://www.naccrra.org/military-families>

Child care resource and referral agencies help parents find quality child care.

VETERAN'S WELLNESS COURT PHASES

PHASE I:

Phase I will last an average of six months, but progress will be evaluated at the end of three months. Offenders will be required to meet the following standards:

- Must attend weekly Court appearances for the 1st month and then bi-weekly for remainder of phase
- Complete Intake
- Obtain Date Book
- Obtain ID
- Must meet with Probation Officer and/or VJO as directed (approximately once per week) for a minimum of 3 months
- Complete case management screen
- Complete Mental Health screen
- Adhere to a goal plan developed by the VJO and Probation Officer
- Attend all appointments with appropriate treatment agencies
- Complete drug and alcohol treatment recommended
- Attend drug/alcohol treatment or support group meetings daily (if applicable)
- Obtain a sponsor
- Complete a physical health evaluation
- Comply with random drug testing with Averhealth Lab
- Attend support groups as deemed necessary
- Complete community service hours (50 for program completion) ; 5 hours in Phase I
- Pay the weekly participation fee (\$5.00 week).
- Six weeks consecutive clean drug tests
- Enroll in GED classes or provide copy of Diploma
- 30 hours of employment, community service or a combination of both
- Obtain a sponsor (if applicable)
- Sign Wage Attachment/Payment Agreement for any cost and restitution.
- Attend Court sessions as scheduled for a minimum of 3 months
- Comply with house arrest with EM and/or SCRAM monitoring (if applicable)
- Comply with the meeting requirements of the Veterans Mentoring Program.
- "Goodbye to drugs and alcohol" letter
- Phase 1 essay

VETERAN'S WELLNESS COURT PHASES

PHASE II:

Phase II will last a minimum of six months, depending upon offender progress. Offenders will be required to meet the following standards for Phase II compliance:

- Must attend Court sessions one time per month
- Must meet with their Probation Officer and/or VJO bi-weekly
- Attend all appointments with appropriate treatment agencies
- Compliance with provider treatment plan
- Demonstrate ongoing stability with regards to housing, financial management
- Compliant with drug testing for 8 weeks
- Demonstrate consistent payment of all applicable restitution
- Demonstrate consistent payment of all program fees and be current with fees
- Maintain full time employment or perform a minimum of 15 hours of Community Service per week
- Schedule GED Pre-test or take GED test
- Continue to attend at least 5 AA/NA meetings/support groups per week (if applicable)
- Comply with SCRAM and/or house arrest with EM
- Continue mental health counseling (if applicable)
- Comply with Case Management services if applicable
- Complete community service hours (minimum of 15 hours in Phase II)
- Continue medical care
- Remain crime free
- Phase 2 essay

VETERAN'S WELLNESS COURT PHASES

PHASE III:

Phase III will last a minimum of six months, depending upon offender progress.

Offenders will also meet with the entire Veteran Wellness team and be interviewed prior to advancement to Phase III. The questions will include;

1. What have you accomplished?
2. Why should you advance to Phase III?
3. What is your plan to move forward without as much Court oversight?

Offenders will be required to meet the following standards for Phase III compliance:

- Must attend Court every 6 weeks
- Must meet with their Probation Officer and/or VJO as scheduled.
- Attend all appointments with appropriate treatment agencies
- Continue to abide by applicable provider treatment plans
- Compliant with drug testing for a minimum of 6 months
- Pay all applicable restitution in full
- Pay all applicable program fees in full
- Maintain full time employment or perform 15 hours of community service weekly
- Obtain GED
- Attend a minimum of 5 NA/AA/support group meetings per week (if applicable)
- Complete community service hours (50 for program completion) ; 30 hours to be completed in Phase III
- Continue medical care
- Continue mental health treatment (if applicable)
- Complete graduate application
- Remain crime free